Myth #: 
“If you haven’t gotten the seasonal flu vaccine by November, there is no point getting vaccinated.”

FACT:
Vaccination can still be beneficial as long as flu viruses are circulating. CDC recommends that providers begin to offer flu vaccination soon after vaccine becomes available in the fall, but if you have not been vaccinated by Thanksgiving (or the end of November), it can still be protective to get vaccinated in December or later. The flu is unpredictable and seasons can vary.

Stay tuned for Myth #: INEx