Myth #: “I don't need the flu vaccine because I never get sick.”

FACT:

- Even if you don't get sick -- or only experience mild illness when you are sick -- others might not be as lucky. Infants, the elderly and people with multiple medical conditions or weakened immune systems may not be able to fight off Influenza as well as you do.
- Getting vaccinated not only protects you, but also helps protect others who may not be able to fight off illness as well as you.

Stay tuned for Myth #: -INEx