Myth #6:
“I got the flu vaccine last year so I don’t need it again this year.”

FACT:
A flu vaccine is needed every year for two reasons:
- First, the body’s immune response from vaccination declines over time, so an annual vaccine is needed for optimal protection.
- Second, because flu viruses are constantly changing, the formulation of the flu vaccine is reviewed each year and updated to keep up with changing flu viruses.

For the best protection, everyone 6 months and older should get vaccinated annually.

Stay tuned for Myth #7: Oct 20th-INEx